

# **HILARY B. KERN, M.D.**

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## **EDUCATION:**

**MEDICAL RESIDENCY:** Physical Medicine and Rehabilitation, Rehabilitation Institute of Chicago (RIC): 1990-1993.

**INTERNSHIP:** Internal Medicine – Neurology, Northwestern Memorial Hospital – McGaw Medical Center: 1989-1990.

**ACCELERATED MEDICAL PROGRAM,** Union University:1983-1989.

**ALBANY MEDICAL COLLEGE OF UNION UNIVERSITY, ALBANY, NY- DOCTOR OF MEDICINE:**1989.

**UNION COLLEGE OF UNION UNIVERSITY, Schenectady, NY – B.S., Biology:**1987.

**Acupuncture certification training** 3/07-12/07 under the American College of Acupuncture in the U.S. and Chengdu, China.

## **POSITIONS AND APPOINTMENTS:**

Private Practice, NYC:1997 to present; Nesconset Medical Services, Nesconset, NY: 1999-8/06.

Private Practice, NJ: 2001-2006 (Unimed, P.C./Allied Health Management,LLC [443 60<sup>th</sup> St., West New York, NJ;7504 Broadway, North Bergen, NJ: 2001-2003]; Hilary B.Kern,M.D.(2003-2005) and Allstate Medical Group,PC(3-5/03) [877 Broad St., Suite 203,Newark, NJ; 15 William Street, Newark, NJ; 8 Krotik Place, Irvington, NJ]; Hilary B.Kern,M.D. (3/05-8/06: 1865 Morris Avenue, Union, NJ).

New York Spine and Sport ,PC (short-term coverage), Bronx, NY: August 2006.

Manhattanville Nursing Home (employed by The PMR Center of Englewood, NJ), Bronx, NY: 3-6/06.

Accudiagnostic Labs,Brooklyn, NY: 1999-2001.

Harbor Health Medical Center, Mamaroneck,NY: 1998-2001.

William B. Head, Jr., M.D., Staten Island, NY: 1997-2000.

Karen Pravda-Elsner,M.D., P.C.: 1999.

Patients First Medical Center, NY, NY: 8/97-7/98.

Attending Psychiatrist, New York Hospital-Cornell University Medical Center, Memorial Sloan Kettering Cancer Center:

7/93-1997.

Instructor of Rehabilitation Medicine, New York Hospital-Cornell University Medical center:

7/93-1997; Clinical Affiliate, 1997-1998.

Instructor, Department of Anatomy and Cell Biology, Cornell University Medical College: 8/97.

## **CERTIFICATION AND LICENSURE:**

Board Certification, American Board of Physical Medicine and Rehabilitation: May 1994; Recertification: May 2004- 2014.

Subspecialty Board Certification, American Board of Electrodiagnostic Medicine: April 1997; Recertification: 2007-2017.

Acupuncture Certification, State of NY: 3/08.

Diplomate, National Board of Medical Examiners: May 1990.

Medical licensure, State of New York: 8/93 to present.

Medical licensure, State of New Jersey: 1998 to 2006; 2007 to present.

## **SOCIETY MEMBERSHIPS:**

Fellow, American Academy of Physical Medicine and Rehabilitation: 1994-1999; 9/28/07 to present.

Fellow, American Academy of Neuromuscular and Electrodiagnostic Medicine: 4/97-1999.  
New York Society of Physical Medicine and Rehabilitation: 1994 to present.  
PASSOR, Musculoskeletal Medicine Section, American Academy of PM&R: 1/91-1997.  
American Academy of Academic Physiatrists: 1993-1997.  
American College of Rehabilitation Medicine:1993-1997.  
American College of Sports Medicine: 1994-1999.  
American Medical Association: 1989-1997.  
Chicago Medical Society: 1989-1993.  
Illinois State Medical Society: 1989-1993.  
American Medical Student Association: 1985-1989.

## **PUBLICATIONS:**

Green D, Kern H, et al. Recombinant human erythropoietin: Effect on the functional performance of anemic orthopedic patients. *Archives of Physical Medicine and Rehabilitation* 1996; 77:242-46.  
Ku A, Kern H ,et al. Sciatic nerve impingement from piniformis hematoma due to prolonged labor. *Muscle and Nerve* July 1995: 789-90.  
Kern H, Baytion C: Suprascapular neuropathy and rotator cuff tear: a diagnostic dilemma [Abstract]. *Archives of Physical Medicine and Rehabilitation*; 1994; 1027. Platform presentation, National AAPMR conference, Anaheim, CA: October 1994.  
Ku A, Lachmann E, Kern H: Lateral medullary syndrome- Hospital Physician, August 1996: 53-55.  
Ferraro-Herrera A, Kern H: Autonomic dysfunction as a presentation of Guillian Barre Syndrome [Paper]. *Archives of Physical Medicine and Rehabilitation*, 1997 ;78:777-779.  
Braverman D, Kern H: Recurrent spontaneous hemarthrosis associated with reflex sympathetic dystrophy [Paper]. *Archives of Physical Medicine and Rehabilitation*; accepted for publication: 1997; [ Abstract] *Archives of Physical Medicine and Rehabilitation*: October 1995. Platform presentation, National AAPMR conference (Dr. Braverman) Orlando FL: November 1995.  
Kern H, Condon J. Pancoast tumor and paraplegia: an uncommon neuromusculoskeletal complication. [Abstract] *Archives of Physical Medicine and Rehabilitation*: October 1996. Poster presentation, National AAPMR conference, Chicago, IL: October 1996.  
Pannullo R, Kern H: Gorham's disease: a rare and mysterious condition [abstract] *Archives of Physical Medicine and Rehabilitation*: October 1996. Poster presentation, National AAPMR conference, Chicago, IL: October 1996.  
Kern H, O'Connor S. Pseudoaneurysm post-total hip replacement [Abstract]. *Archives of Physical Medicine and Rehabilitation*, 1994; 1045. Poster presentation, National AAPMR conference, Anaheim, CA: October 1994.  
Ku A, Kern H, et al. Selective language aphasia from left temporal lobe herpes simplex encephalitis [Abstract]. *Archives of Physical Medicine and Rehabilitation*, 1994; 1053. Poster presentation (A.Ku), Seventh World Congress of the International Rehabilitation Medicine Association (IRMA): 4/94; National AAPMR conference, Washington D.C.: October 1994.  
Ku A, Kern H, et al. Clostridium perfringens discitis secondary to upper endoscopy [Abstract]. Poster presentation at the Seventh World Congress of IRMA, Washington, D.C.(Dr. Ku): April 1994.  
Ku A, Kern H. Post-concussive syndrome complicated by perilymphatic fistula [Abstract]. Poster presentation at the Seventh World Congress of IRMA (Dr. Ku), Washington, D.C.: April 1994.  
Kern H, Gaebler-Spira D: Systemic Lupus Erythematosus presenting as Guillian Barre Syndrome in a pediatric patient [Abstract]. *Archives of Physical Medicine and Rehabilitation*, 1992; 10:189-191; poster presentation, National AAPMR conference, San Francisco. CA: November 1992.  
Popp, Kern H. Natural history of the nonoperatively treated contralateral internal carotid artery. *Surgical Forum* 1987;482-83.

## **ARTICLES:**

Kern H: Coeditor/Consultant: *Traumatic Brain Injury*, Kames Communications: September 1996.  
Kern H: *Healt wise* Newsletter article: March 1994.  
Kern H: *Medical Tribune* article: February 1994.

**LECTURES:**

Anatomy Department, Cornell University Medical College: 8/97.

"Entrapment neuropathies, motor recruitment, and sports", Sports Medicine Service, Hospital for Special Surgery: June, December 1996.

"Entrapment neuropathies, motor recruitment, and sports": American College of Sports Medicine, NY chapter annual conference: 1998.

"Exercise, osteoporosis, and the spine", Metabolic Bone Disease service, Hospital for Special Surgery: April 1996.

Moderator and Director, "Pain Symposium", New York Society of PM&R: February 1996.

"Conservative care of the back", Center for Women's Health Care, New York Hospital-Cornell University Medical College: November 1995.

"Suprascapular neuropathy and rotator cuff tear: a diagnostic dilemma", AAPMR National convention 10/94; New York Hospital-Cornell University Medical College 10/94; Hospital for Special Surgery, Sports Medicine Service: December 1994.

Resident lecture series on gait evaluation, biomechanics and orthotic use, EMG, sports and musculoskeletal medicine, head injury and sports, Cornell University Medical College: 7/93-1997.

Anatomy of the arm and flexor forearm, Rehabilitation Institute of Chicago (RIC): 1991,1992.

Human anatomy prosection and instruction, Rehabilitation Institute of Chicago, (RIC): 1991,1992.

Musculoskeletal injuries, presented to medical student externs, Rehabilitation institute of Chicago (RIC): 1991.

**LEADERSHIP:**

Chairperson, Executive Committee, NY Society of PM&R: 6/03-6/04.

President of the New York Society of PM&R: 6/01-6/03.

Educational Committee, New York Regional Chapter, American College of Sports Medicine: 1997-1999.

Young Physicians Committee, Section of the American Academy of PM&R, Governing Council Member: 10/96 -1998.

Director, New York State Society of Physical Medicine & Rehabilitation monthly lecture series: 1995-1997.

Medical Records Committee Delegate, New York Hospital-Cornell Medical Center: 6/95-1997.

Chicago Medical Society Resident Physician Section (RPS), Governing Council member and elected Delegate to the AMA-RPS: 1991-1993.

Quality Assurance committee, resident liaison, Rehabilitation Institute of Chicago: 1991-1993.

AIDS Education committee. Albany Medical College: 1989.

**AWARDS AND HONORS:**

Member of the Presentation Review Board, Sports and Musculoskeletal Medicine Section, National AAPM&R Conference: February 1997.

Reviewer for the peer reviewed journal, The Archives of Physical Medicine and Rehabilitation: October 1996.

Selected to serve as Assistant Sports Venue Coordinator, Summer Olympic and Paralympics Games, Atlanta, GA: July 1996.

Nominated member, Resident Research Selection Committee, New York Society of PM&R: 1996-1997.

National Merit Scholarship finalist: 1983.

Ranked number one out of 320 students, Northern Highlands Regional High School, Allendale, NJ: 1983.

UMDNJ-Rutgers University scholarship: 1982.

Featured in Illinois Medicine article, "Women in Medicine": 1992.

Dance scholarships (8), ballet and character dance: 1971-1980.

**PERFORMING ARTS MEDICINE COVERAGE:**

Dance Medicine clinic, Hospital for Joint Diseases: 1993 to 1995.

Dance Medicine rotation, St. Luke's-Roosevelt Hospital (P. Bauman, M.D., W. Hamilton, M.D.), Miller Health Care Institute for Performing Artists: December 1992.

Hubbard Street Dance Company: 1992.

Joffrey Ballet: 1992.

Medical Program for the Performing Arts, Rehabilitation Institute of Chicago, clinic experience: 1992-1993.

Dance physical therapy rotation, backstage at Will Rogers' Follies, Performing Arts Physical Therapy (private office): 12/92.

### **SPORTS MEDICINE COVERAGE:**

Assistant Sports Venue Coordinator, Summer Olympic Games, Atlanta, GA: July 1996.

New York City Marathon, Sports Medicine area coordinator: 1995-1999.

U. S. Open Tennis Tournament, preparticipation physicals. HSS: August 1995.

U.S. Organization for Disabled Athletes (USODA) National Victory Games.,medical coverage: June 1995.

Sports medicine clinic. Hospital for Special Surgery: 1993, 1994.

New York City Marathon: 1993.

Chicago Marathon: 1991-1992.

Chicago Sun Times Triathlon: 1990-1992.

Coors Light Biathlon: 1990-1992.

Basketball coverage, New Jersey Nets: December 1992.

Chicago public high school system Health Awareness Clinic: 7/93.

Chicago high school football: 1990-1992.

Pre-season sports physicals, local Chicago high schools:1991.

Strength and conditioning coach for physically challenged athletes, Rehabilitation Institute of Chicago (RIC):1990-1993.

Wheelchair aerobics coach:1992-1993.

Adaptive sailing program, RIC: 1992.

National Guard Winter Olympics, Burlington, VT: February 1989.

### **VOLUNTEER ACTIVITIES:**

Electrodiagnosis weekend clinic: 1992-1993.

Health fair electrodiagnostic screening: 1992.

Musculoskeletal free health clinic: 1992.

Special Olympics coach: 1989.

Ambulance Corp Upper Saddle River. NJ: 1982-1983.

Camp Sunshine, Cerebral Palsy Foundation: 1982.

### **CONFERENCES ATTENDED:**

'National Pain Forum 2006', Philadelphia, PA: October 26,2006.

American Academy of Neuromuscular & Electrodiagnostic Medicine, Washington,DC: October 11-14,2006.

'Headache, Myofascial Pain, and Cervical Dystonia, NY, NY: September 9,2006.

'Sports Medicine for the Young Athlete: 8<sup>th</sup> Annual Symposium', NY, NY: March 4, 2006.

'Botulinum Toxin Type A: Headache Update 2006', NY, NY: March 1, 2006.

New York Society of Physical Medicine and Rehabilitation, monthly lecture series:1993 to present.

Sports medicine lecture series, Hospital for Special Surgery: 1993 to present.

Difficult Decision Making in Sports Medicine, Hospital for Special Surgery. NY, NY: May 1,1997.

Electrodiagnosis: A High intensity Review, Rehabilitation Institute of Chicago: 1993, 1997.

The Active Woman, Cornell Medical Center, New York: September 1996.

American College of Sports Medicine, New York Chapter annual meeting: 1994-1999.

Pain and Disability, New York: November 1995.

American Academy of Electrodiagnostic Medicine national convention. Montreal: September 1995.

First Annual Shoulder and Elbow Symposium, HSS: May 1995.

American Orthopedic Foot and Ankle Society Review course: April 1995.

American College of Sports Medicine (ACSM) Team Physician Course. Part I: 1995.

Manual muscle testing and biomechanics, Florence Kendall: July 1994.

American College of Sports Medicine, National Conference: 1994, 1995, 1997.

NYU review course in Physical Medicine and Rehabilitation: April 1994.

Shoulder symposium. Hospital for Special Surgery (HSS), NYC: April 1994,

Therapeutic management of the elbow, HSS: April 1994  
AAPMR-ACRM national conference: 1991, 1992, 1994, 1996. AMA Resident Physician Section, biannual conferences, Delegate: 1991-1993.  
Chicago Medical Society, Midwest Clinical Conference orthopedic lecture series: 1991-1993.  
Paving the way to practice, AMA lecture series: 1993.  
Preparation for practice, medical practice series: 1993.  
Performing arts medicine, Cleveland Clinic Foundation: 1992.  
Performing arts medicine, Miller Health Care Institute for Performing Artists: NY 1992.  
Orthotic and prosthetics course. RIC: 1991, 1992.  
Fifth International Conference on Neuropathic and Musculoskeletal Pain, NY: 1991.  
Medical Management of the Chronically Disabled, RIC: 1991.  
Women and Spinal Cord Injury: 1991.  
Lower Extremity in Sports, RIC: 1990.  
Sexuality and Disability: 1989.

**EMPLOYMENT:**

Research assistant, neurosurgery department, Albany Medical College: 1986.  
Dancer, Irene Fokine Ballet Company: 1971-1981 summer stock, Cape Cod  
Melody Tent: 1979, 1980.

**SPECIAL INTERESTS:**

Musculoskeletal medicine including dance and sports medicine  
Electrodiagnosis  
Biomechanics and injury prevention  
Acupuncture and Holistic Medicine

**REFERENCES:**

Furnished upon request.